

# Evidence based midwifery care

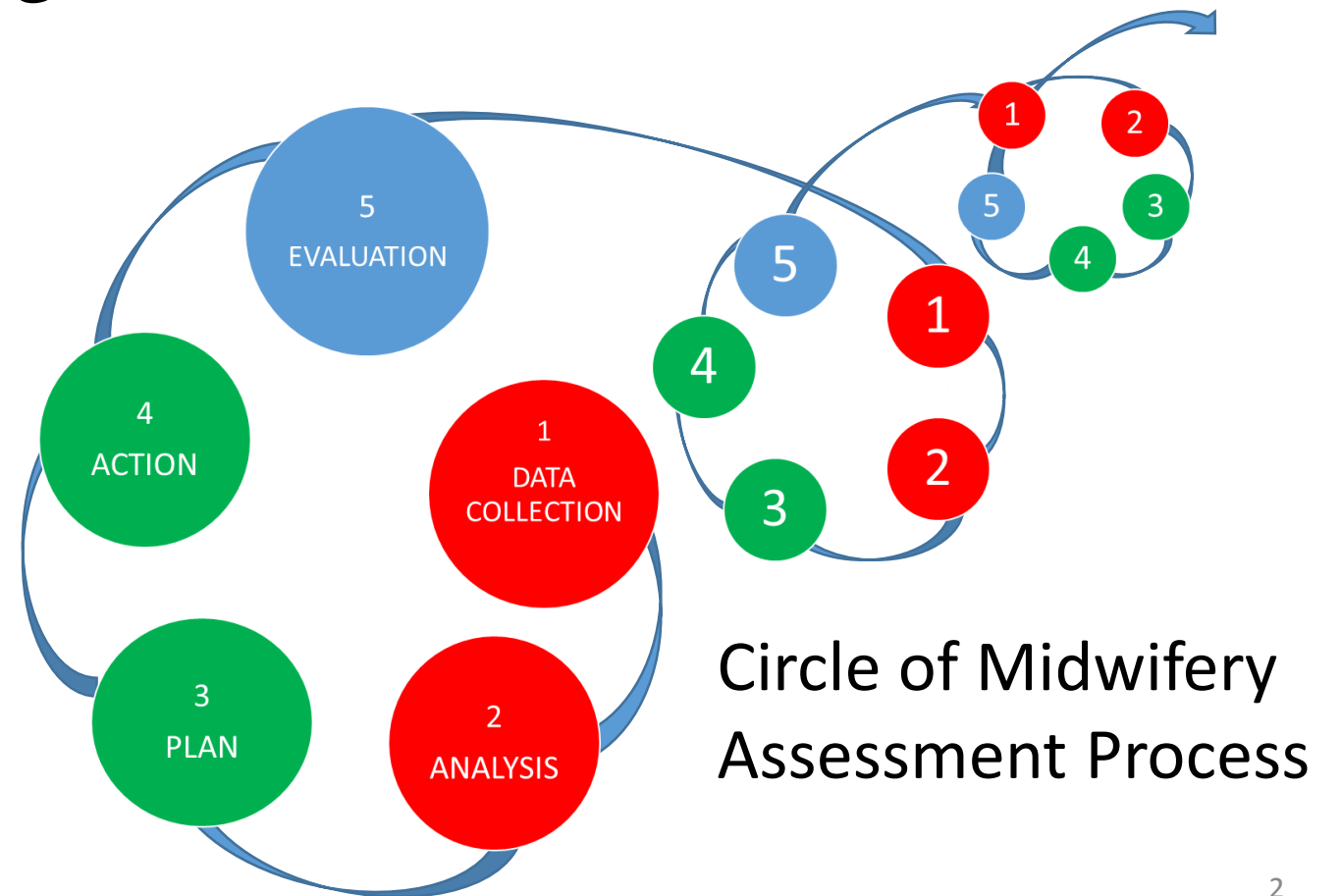
13 February 2015

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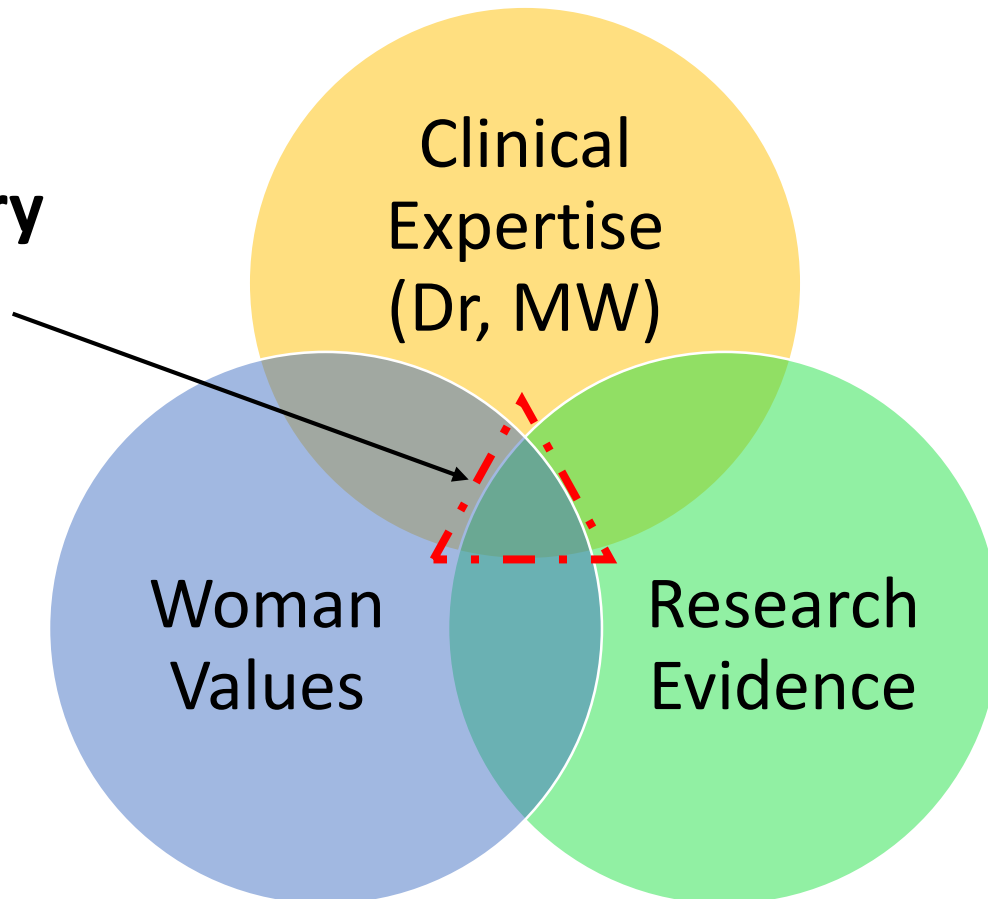
# Concept of the midwifery care

- Woman-centered care
- Individualized care



# Evidence Based Midwifery Care

**Evidence  
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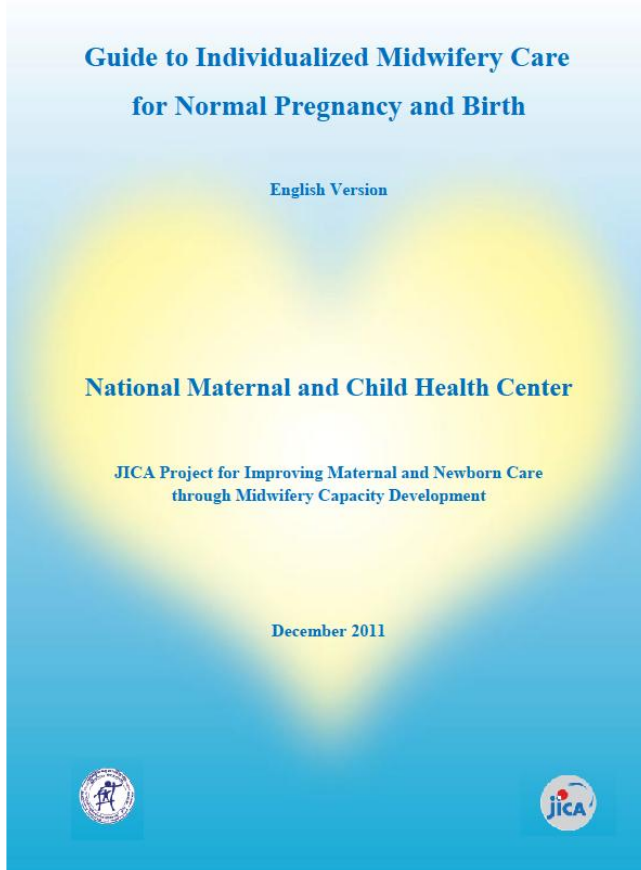


**Evidence Based  
Midwifery Care** is the integration of clinical expertise, research evidence and woman preference.



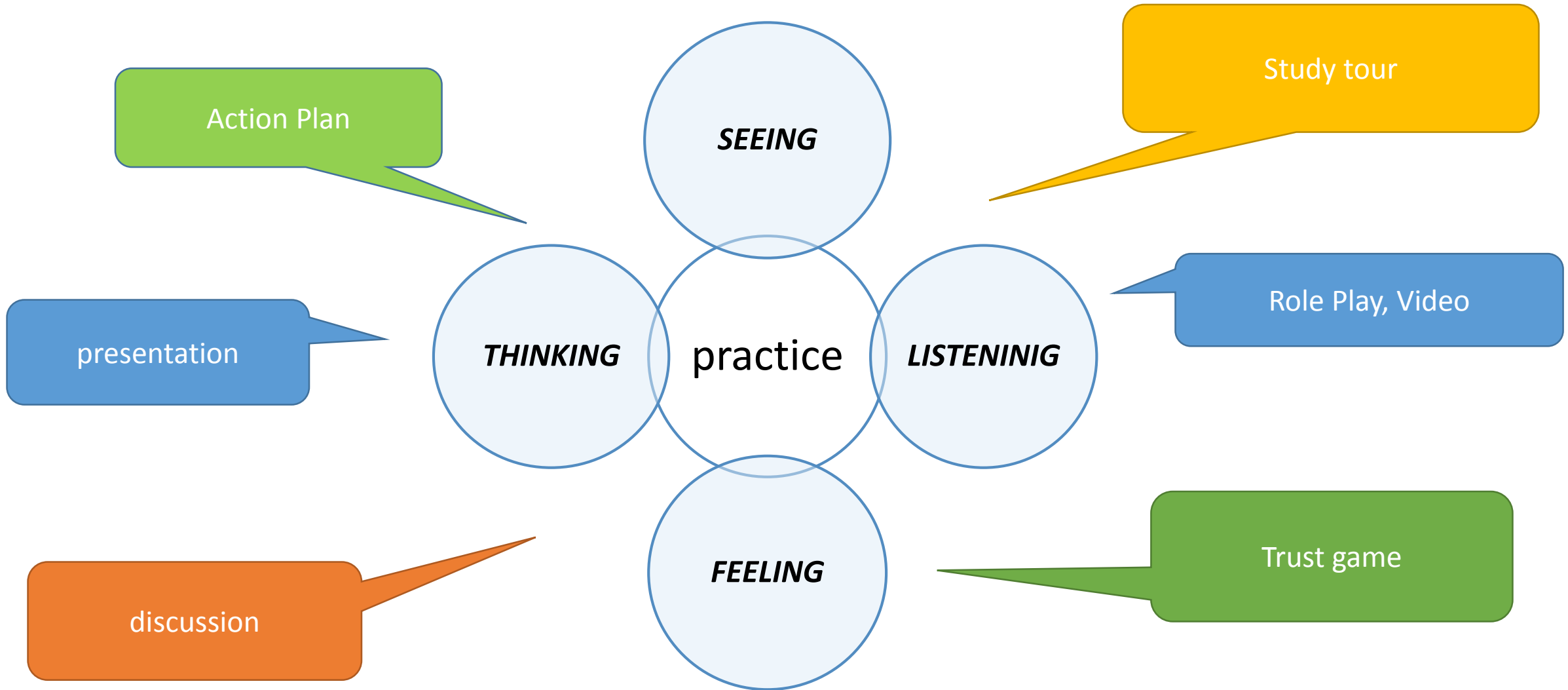
# Workshop “Woman & Baby Friendly Childbirth Care Based on Evidence”

# Guide to Individualized Midwifery Care for Normal Pregnancy and Birth



- Basic concept of midwifery care
- Role of midwives
  - External Environment for Birth
  - Support to Keep Birth Normal
  - Position for Labor
  - Assessment and Monitoring Labor
  - Midwifery Care in 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> stage
  - Immediate Care of New-born Baby

# To put understanding into practice

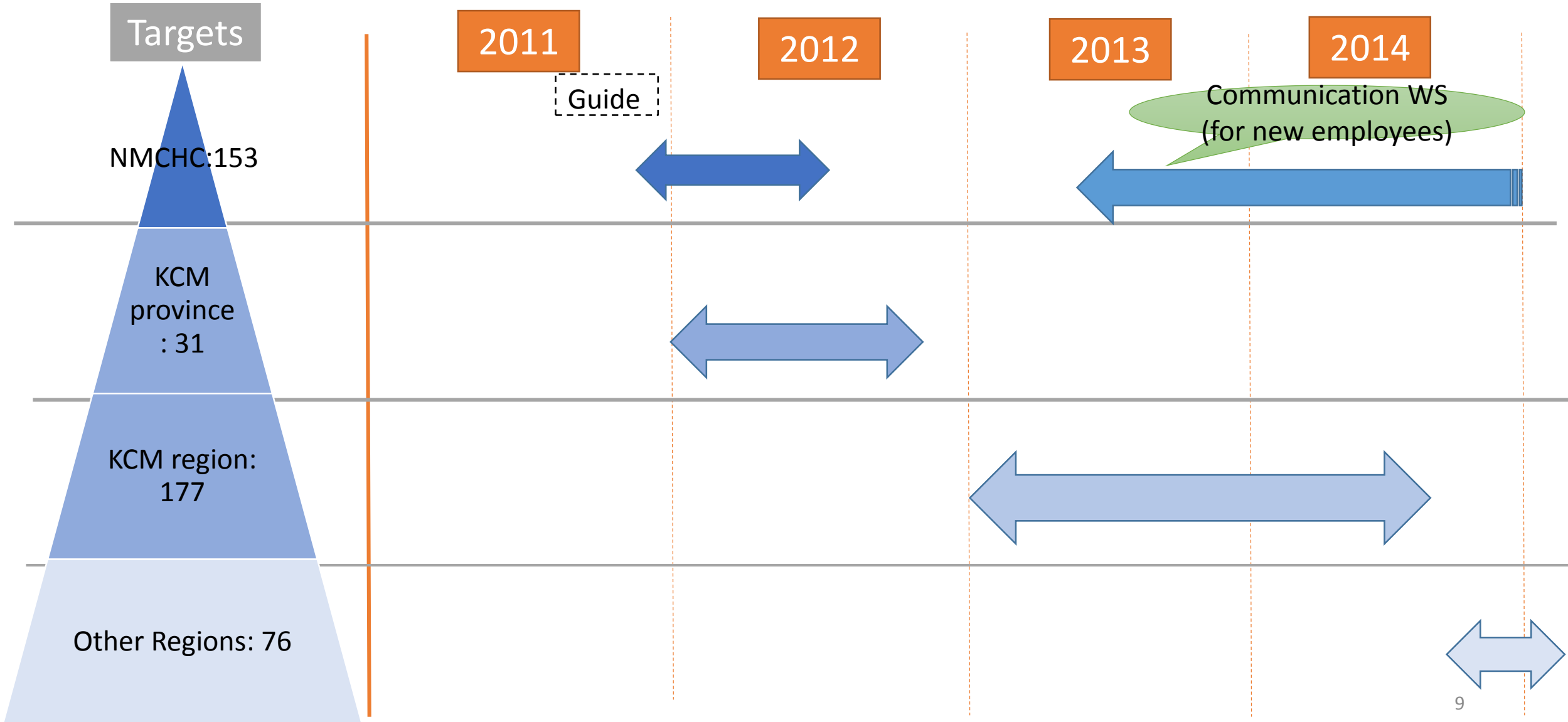


# Actual practice

- To build trust relationship with women and their families
- Individualized and based on evidence midwifery care
  - Case study, SOAP
- Improvement of birth environment
  - Permission of attendance of family to delivery room
  - Position change during labour
  - Massage to reduce pain for women
  - Intake of food and beverage during labour
  - Explanation of progress of labour and procedure to women and families
- Introduction of methods for measuring progress of labour without vaginal



# Workshop on Woman and Baby Friendly Childbirth Care Based on Evidence



# Voice of midwives who practiced the care in their working place

- “If I took care of woman gently and politely, I felt the woman’s attitude toward us also changed well more relaxed.”
- “I want to care for every woman to give birth safety and happily with love”
- “If I make woman to push naturally and assess necessary case of episiotomy, it took longer time for delivery. But it reduced bleeding during delivery and pain after delivery.”

# What is required to midwives after this?(Vision of the future)

- To share the concepts among all midwives in Cambodia
- To build the trust relationship with women and their families forever
- To continue the practice what we learnt any time

